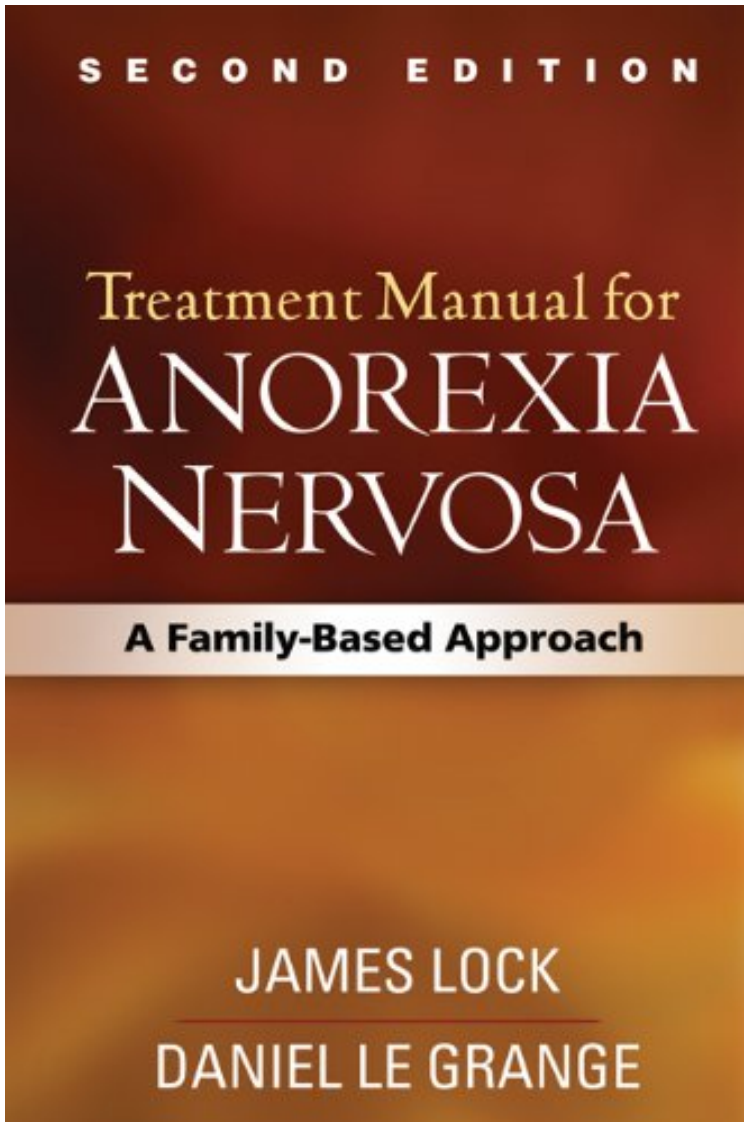


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Treatment Manual for Anorexia Nervosa, Second Edition: A Family-Based Approach



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Description :

Prsentation de l'diteurThis indispensable manual presents the leading empirically supported treatment approach for adolescents with anorexia nervosa (AN). What sets family-based treatment apart is the central role played by parents and siblings throughout therapy. The book gives practitioners a clear framework for mobilizing parents to promote their child's weight restoration and healthy eating; improving parent-child relationships; and getting adolescent development back on track. Each phase of therapy is described in session-by-session detail. In-depth case illustrations show how to engage clients while flexibly

implementing the validated treatment procedures. New to This Edition