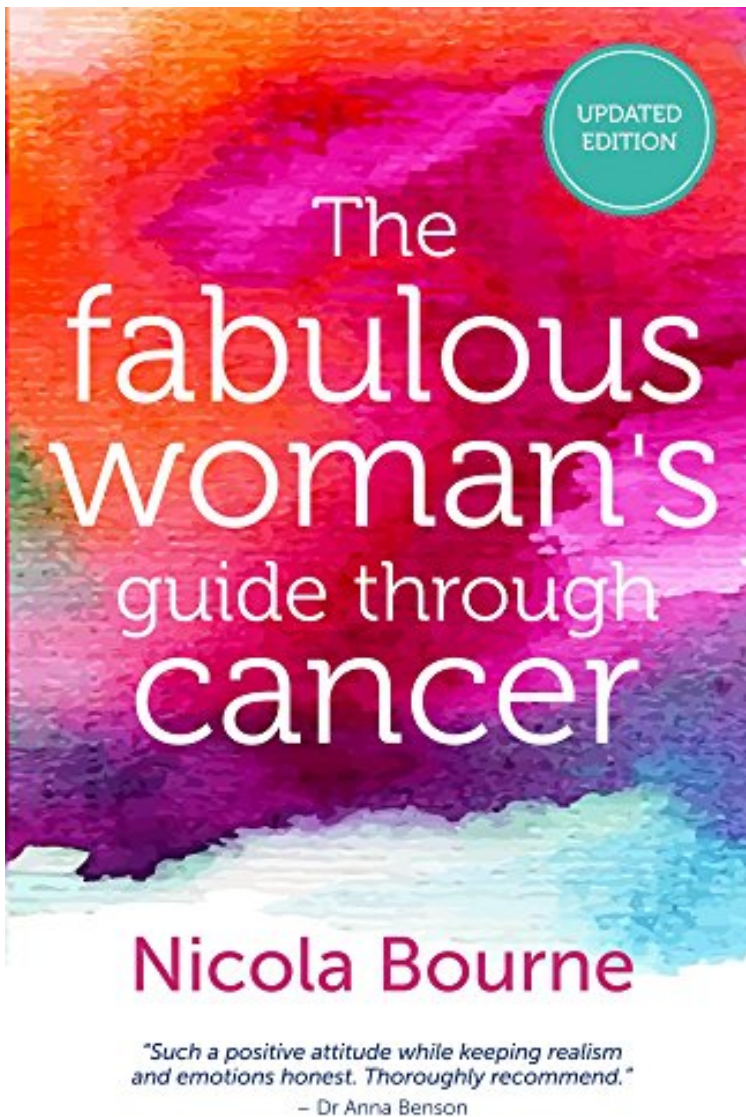


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# The Fabulous Woman's Guide Through Cancer: UPDATED EDITION (English Edition)



Par Nicola Bourne  
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information and ideas covering everything from post-operative styling, ideas to stay social when you can't go out, dealing with doctors, ways to stay lifted and lots more. All with plenty of kind words and inspiration to keep women on-track during this time."Unique book approached with such humour and compassion, it brings uplift and even sparkle. An excellent reference book to flick through again and again" - Sarah Jones, TEND Nutrition"Well written, accessible, practical book absolutely packed full with information and tips. Very helpful for friends and family to support someone going through treatment" - Katherine Sunderland, BibliomaniacPrésentation de l'auteur"Reading this book is like sitting down for a cup of tea with the author; her tone is incredibly friendly, supportive and ultimately fabulous."The Fabulous Woman's Guide Through Cancer is for every woman touched by cancer but still determined to feel in control of their life.Giving real advice from a number of fabulous women effected by cancer, it includes tips, examples, stories, memoirs, information and ideas covering everything from post-operative styling, ideas to stay social when you can't go out, dealing with doctors, ways to stay lifted and lots more. All with plenty of kind words and inspiration to keep women on-track during this time."Unique book approached with such humour and compassion, it brings uplift and even sparkle. An excellent reference book to flick through again and again" - Sarah Jones, TEND Nutrition"Well written, accessible, practical book absolutely packed full with information and tips. Very helpful for friends and family to support someone going through treatment" - Katherine Sunderland, BibliomaniacBiographie de l'auteurNicola was diagnosed with an advanced colorectal cancer in 2012, after being told she may not survive, Nicola has been 'all clear' since 2014. Nicola writes for many publications including The Huffington Post, My Ostomy and NCT Smalltalk on the topics of women's health, cancer, living with a colostomy family life. Nicola's story has been featured on Good Morning Britain, Channel 5 News, Sky News, ITV News, BBC Three Counties Radio and within The Herts Advertiser, Woman's Own, Hertfordshire Life, Closer Magazine, MSN and The Mirror on Sunday Nicola lives in Hertfordshire, England, with her husband, two children and a bulldog. [www.nicolabourne.com](http://www.nicolabourne.com) Twitter @njbrn Facebook @nicolabournewrites Instagram @njbourne