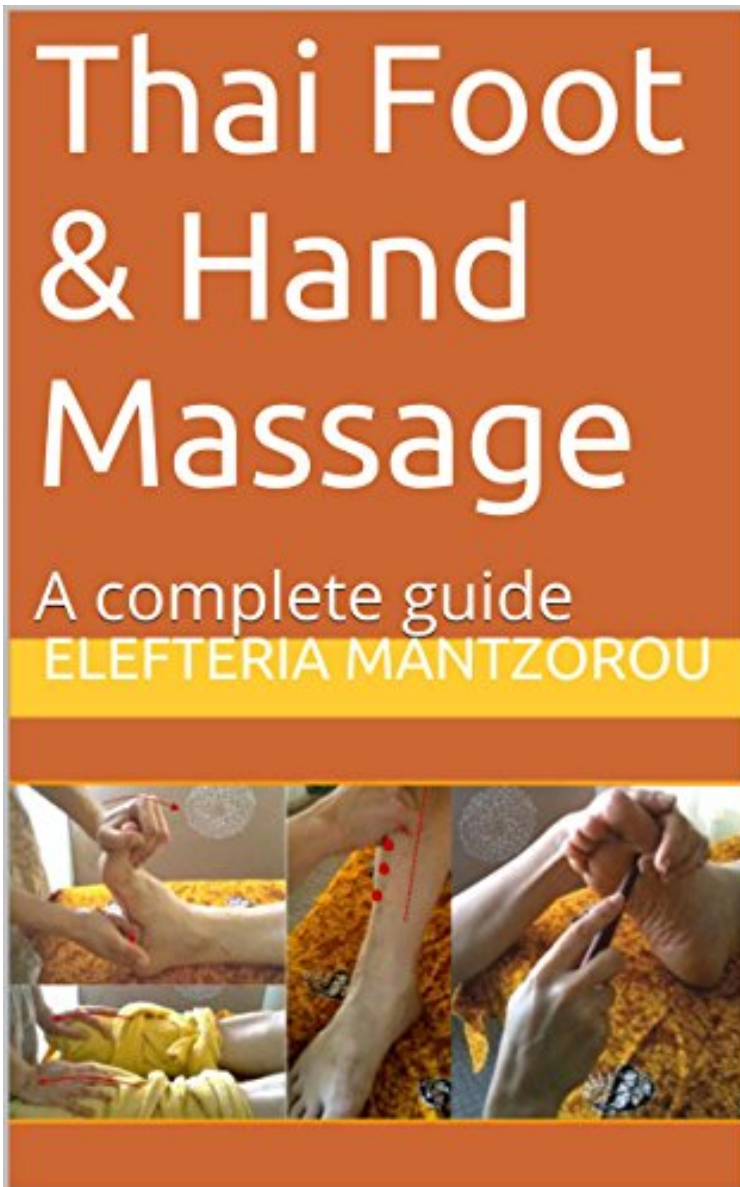


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techniques. Instructions on massage techniques on the dorsal and palmar surfaces of the foot
Work with massage wooden tools and towels
Thai Hand Massage instructions
A small section on self-massage. Elefteria Mantzorou learned the sacred art of Thai Massage in Thailand. Since 2004, she has taught Thai Massage, Thai Foot Massage and Thai Herbal Massage to hundreds of students.
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