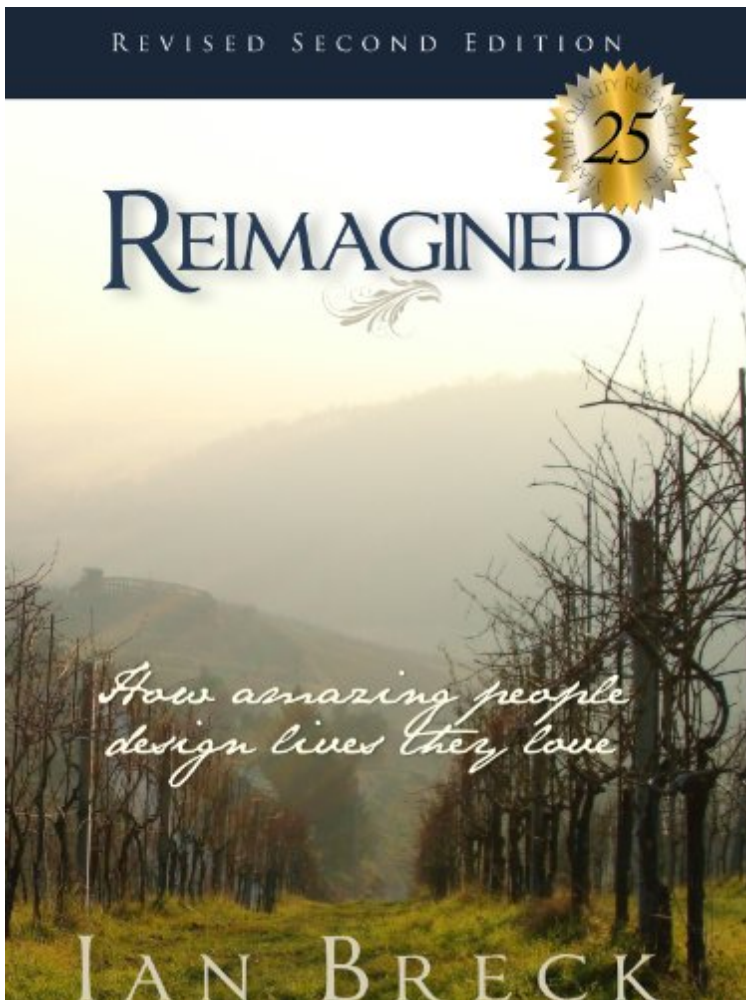


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Reimagined: How amazing people design lives they love (and what they can teach you!) (English Edition)



Par Ian Breck

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Description :

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naturally - and how the simplest understandings about life and living well profoundly influence the lives we imagine and experience. Based on more than two-and-a-half decades of research in life quality and life design, Breck introduces the idea that virtually all remarkable lives begin rather humbly with curiosity, passion, and a sincere desire to experience something more from life's experience. From these beginnings, concepts surrounding how we influence life's experience through behaviors, decisions, problem solving, and creativity are explored. Breck then introduces attention-grabbing observations about those who live truly exceptional lives to complete a practical life design framework anyone can use. Breck demonstrates clearly it's never too late to reimagine your life - then shows you how it's done. While Reimagined provides a fascinating exploration of life design, it isn't the typical self-help tome we've come to expect from this genre. It's more of an enjoyable-read-slash-workbook-slash-course-guilty pleasure wrapped neatly in one package kind of thing. Throw out what you think you know about books like this. It doesn't apply here. Breck's easy-going, remarkably human, yet quite writerly style engages you with a mlange of stimulating stories, surprisingly understandable insights, and engaging questions that delivers an extraordinary learning and discovery experience every reader will feel somehow has been focused exclusively on them. Reimagined is a catalyst for thought, and its design places a firm emphasis on functionality without losing that comfortable leather-chair feeling every good read evokes. Perhaps the most intriguing experience Reimagined provides is Breck's skillful ability to transform you into the unwitting designer of your own life by the end of this book. Reimagined delivers a compelling, insightful, and engaging exploration of life, its design, and how you can improve its experience naturally. It's smart, interesting, and designed to be used. It quickly becomes apparent how life's experience benefits profoundly from simple understandings - and how little we truly understand about the design of our own lives and living them well. Ian Breck has created a superbly useful and usable resource for those seeking to take back the control, design, and experience of their own lives. - Red Square s Book and Film sPrsentation de l'diteur

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About the Author... As a pioneering innovator in knowledge engineering, life and life quality

research, Ian Breck is defined by an exceptional career that has been both groundbreaking and inspirational. As director of advanced knowledge research programs at River Bend Research, Ian has developed bodies of knowledge, expertise, and research used by some of the worlds leading organizations. Today, Ian enjoys a very different role as he focuses his energies on getting his message out that understanding life, and becoming creative with it are essential elements of living a meaningful and happy life. Ian works with private clients to teach, mentor, and inspire them to learn more about their lives and to become creative with them in amazing new ways. In addition to his private efforts, Ian speaks, lectures, and conducts life design workshops throughout America. Ian has lived in New York, San Francisco, and Seattle, and now calls Indianapolis home.