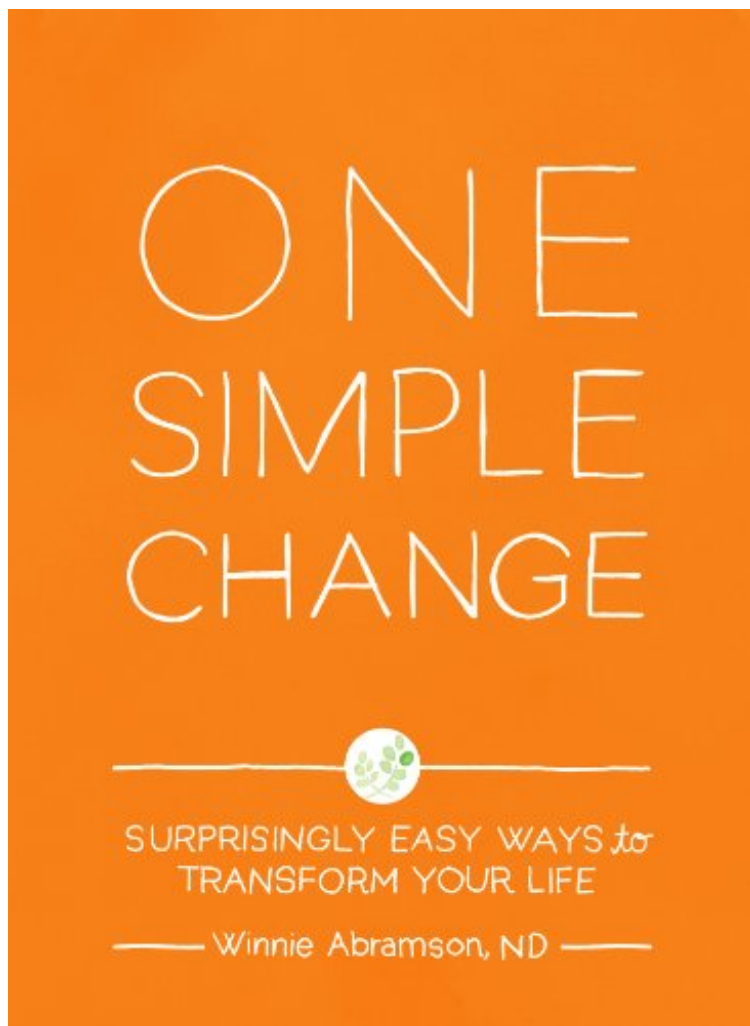


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One Simple Change: Surprisingly Easy Ways to Transform Your Life



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