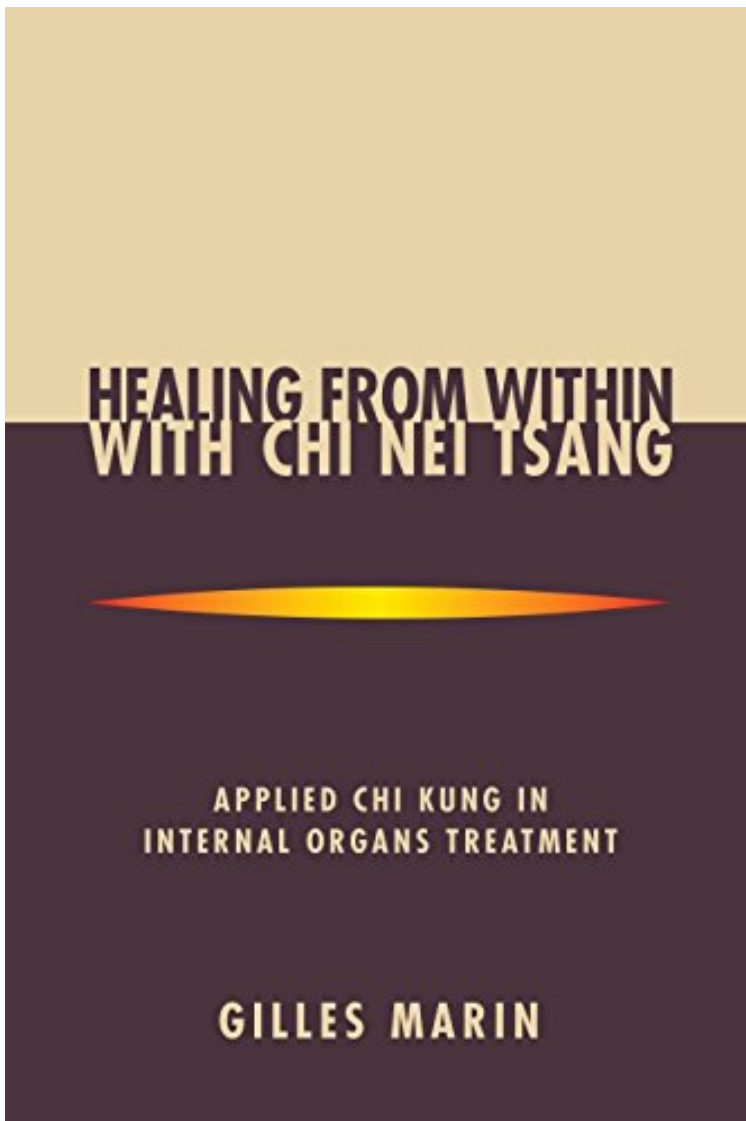


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Healing from Within with Chi Nei Tsang: Applied Chi Kung in Internal Organs Treatment



Par Gilles Marin
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Description :

Prsentation de l'diteurChi Nei Tsang is a Taoist visceral manipulation body-work and massage which emphasizes moving chi energy to the abdominal organs. Developed by Taoist Master Mantak Chia as part of his Healing Tao System, it works on internal dysfunctions and energy blocks using the breathing exercises of chi-kung, therapeutic manipulations, and meditation. Students learn how to recycle negative energy, recognize personal patterns of tension, and use simple manipulations to restore vitality to parts of the

body. Revue de presse "Gilles's clear explanations of previously esoteric practices establish an indispensable link between Traditional Oriental Medicine and the modern mind. Thanks to Healing From Within with Chi Nei Tsang, a nearly extinct practice from the Far East has the chance to become an important healing discipline among alternative approaches to conventional medicine." -Mantak Chia, Director, The International Healing Tao, Thailand

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